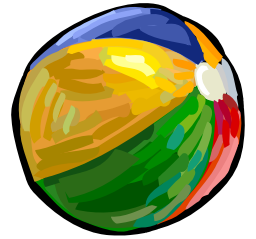




# June 2008



*Marlboro Senior Activities*  
*1996 Recreation Way, Marlboro, NJ 07746*  
(732) 617-0100

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Walking Club 8am  Beginning Canasta 10:00am Tai Chi Chi Kung 10:30am Beg. Cardio 11:45am Lunch Program 12:30pm  Knitting 1-3pm  Computer Class Session IV 4-5pm	Strength 9:00am  Int. Cardio 10:15am Gentle Fitness 11:30am  Free Bingo 1:30-3:00pm	Breakfast Club 9:15  <i>Lancaster, PA Trip</i> <i>“Classic Crooners”</i> <i>9:15-7:45pm</i>  Do you Knit or Crochet? 10-11am Tai Chi Chi Kung 10:30 Blood Pressure 11:30am Ping Pong 12-1pm	Strength 9:00am  Int. Cardio 10:15am  Beg. Ballroom Dance 11:30am Int. Ballroom Dance 12:15pm  Dabbling in the Arts 1-3pm	<i>“Health &amp; Wellness Day “</i>  <i>11:30am-2:15pm</i>  
9	10	11	12	13
Walking Club 8am  Beginning Canasta 10:00am  Tai Chi Chi Kung 10:30am  Beg. Cardio 11:45am NO Lunch Program Jewish Holiday  Knitting 1-3pm	Strength 9:00am  Int. Cardio 10:15am Gentle Fitness 11:30am	Total Body 9-10am Do you Knit or Crochet? 10-11am  Tai Chi Chi Kung 10:30  Ping Pong 12-1pm  “N.J. Hospital Report Card” 1-2pm	Strength 9:00am  <i>Trip</i> <i>Newark Museum</i> <i>+ NJPAC</i> <i>9:00-5:00pm</i>  Int. Cardio 10:15am Beg. Ballroom Dance 11:30am Int. Ballroom Dance 12:15pm Dabbling in the Arts 1-3pm	Yoga 9-10am  Inter. Canasta 10:00  Short Stories 10:15am “A Conversation with My Father” by Grace Paley  Shopping 11-1pm Shops at Old Bridge
16	17	18	19	20
Walking Club 8am  Beginning Canasta 10:00am  Tai Chi Chi Kung 10:30am Lunch Program 12:30pm  Beg. Cardio 11:45am  Knitting 1-3pm	Strength 9:00am  Int. Cardio 10:15am Gentle Fitness 11:30am  Great Decisions 1:00-2:00pm	Total Body 9-10am  Breakfast Club 9:15  Do you Knit or Crochet? 10-11am  Tai Chi Chi Kung 10:30  Ping Pong 12-1pm	Strength 9:00am Int. Cardio 10:15am  Beg. Ballroom Dance 11:30am Int. Ballroom Dance 12:15pm  Regal Movie Theater 12:30pm  Dabbling in the Arts 1-3pm	Yoga 9-10am Inter. Canasta 10:00am Shopping 11-1pm Shop Rite  <i>“Elvis Arrives in Marlboro”</i> <i>4:30-7:30pm</i>  
23	24	25	26	27
NO Senior Programs	NO Senior Programs	NO Senior Programs	NO Senior Programs	Shopping 11-1pm Stop-N-Shop Aberdeen
30				
Walking Club 8am Beginning Canasta 10:00am Tai Chi Chi Kung 10:30am Beg. Cardio 11:45am Lunch Program 12:30pm Knitting 1-3pm				